

Merton Council

Joint Consultative Committee with Ethnic Minority Organisations Agenda

Membership

Councillors: Edith Macauley MBE (Chair), Eloise Bailey, Omar Bush, Joan Henry, Laxmi Attawar

Substitute Members: Adam Bush, Hina Bokhari

Ethnic Minority Organisations

African Educational Cultural & Health Organisation (AECHO)

Deputy

Ahmadiyya Muslim Association

Asian Diabetic Support & Awareness Group

Asian Elderly Group of Merton

Asian Youth Association

BAME Voice

Bangladeshi Association of Merton

Deputy

Bengali Association of Merton

Deputy

Bengali Women's Association of Merton

British Muslim Association of Merton

Ethnic Minority Centre

Euro Bangla Federation

Deputy

London South West Chinese Community Association

Merton African Organisation

Merton Somali Community

Mitcham Filipino British Association

Deputy

Merton and Lambeth Citizen's Advice Bureau

Pakistan Cultural Association of Merton & Wandsworth

Pakistan Welfare Association

Deputy

Positive Network

Polish Family Association

South London Somali Community Association

South London Tamil Welfare Group

Victim Support Merton and Sutton

Wimbledon Mosque

Revd Mrs H Neale

Mr .H.Nawaz

Mrs N. Shah

Mr M S Sheikh

Revd Mrs H Neale

Mr. N. Islam

Mr J Choudhury

Mr Rahman

Mrs M Ahmed

Mr B. Afridi

Mrs S Ray

Dr Haque

Mr Q Anwar

Ms L Saltoon

Mr C J Lusack

Mr A. Ali

Ms A Colquhoun

Ms C Batallones

Ms S Hudson

Mr M A Shah

Mr S U Sheikh

Mr Rizvi

Ms G Salmon

Mr S Szczepanski

Mr A Musse

Dr P Arumugaraasah

Ms J Davidson

Mr N Din

Date: Tuesday 10 September 2019

Time: 7.15 pm

Venue: Council chamber - Merton Civic Centre, London Road, Morden SM4 5DX

This is a public meeting and attendance by the public is encouraged and welcomed. For more information about the agenda please contact diversity@merton.gov.uk or telephone [020 8545 4637](tel:02085454637). All Press contacts: communications@merton.gov.uk, 020 8545 3181

Joint Consultative Committee with Ethnic Minority Organisations Agenda

10 September 2019

- | | | |
|---|---|---------|
| 1 | Declarations of Interest | |
| 2 | Apologies for Absence | |
| 3 | Minutes of previous meeting | 1 - 4 |
| 4 | Learn English Together project - Abby Price, Project Director | 5 - 18 |
| 5 | Merton Dementia Action Alliance and Mental Health Training - Rosa Treadwell Public Health Officer/Daniel Butler, Senior Principal Public Health | 19 - 24 |
| 6 | Tackling Diabetes in Merton - Barry Causer, Public Health Commissioning Manager | 25 - 30 |
| 7 | Any Other Business | |

Note on declarations of interest

Members are advised to declare any Disclosable Pecuniary Interest in any matter to be considered at the meeting. If a pecuniary interest is declared they should withdraw from the meeting room during the whole of the consideration of that matter and must not participate in any vote on that matter. If members consider they should not participate because of a non-pecuniary interest which may give rise to a perception of bias, they should declare this, withdraw and not participate in consideration of the item. For further advice please speak with the Assistant Director of Corporate Governance.

JOINT CONSULTATIVE COMMITTEE WITH ETHNIC MINORITY ORGANISATIONS

12 JUNE 2019

PRESENT: Cllr Edith Macauley MBE (CHAIR), Cllr Laxmi Attawar, Cllr Omar Bush, Cllr Marsie Skeete (part), Cllr Agatha Akyigyina OBE (part) Cllr Stan Anderson (part) and Cllr Hina Bokhari, Revd Hannah Neale, Edward Abu Maliki, Dr Aru, N Vijayan, Sandra Copeland, Terry Simpson and Jerry Hall.

1. DECLARATIONS OF INTEREST (Agenda item 1)

None

2. APOLOGIES FOR ABSENCE (Agenda item 2)

Cllr Eloise Bailey, Mr Islam, Mr Saleem Sheikh, Emma Wiley and Cllr Joan Henry.

3. MINUTES OF THE PREVIOUS MEETING (Agenda item 3)

Mr Islam gave his apologies for the previous meeting and this should have been recorded.

4. SUSTAINABLE COMMUNITIES PLAN – DARREN TULLEY, BOROUGH COMMANDER, LONDON FIRE BRIGATE (Agenda item 4)

Presentation by the Darren Tulley on the development of a new Sustainable Communities Strategy for Merton. Darren is the project sponsor on behalf of the Merton Partnership Executive Board (executives from the public, private and voluntary sectors based in Merton).

The focus of the Sustainable Communities Plan is how we collectively can increase social capital (supportive networks). He gave a number of examples of social capital in action in the borough e.g. Mitcham Community Orchard and explained how working together with residents, businesses and the voluntary sector could increase social capital. Darren set out the latest research on social capital and how we can measure this by ward. The plan is due to be published by the end of the year. He asked the JCC to consider how they could contribute to the aims of the new plan. He then invited questions from the JCC.

Q. Would the charts setting out the level of social capital by ward be made available to the JCC and councillors in particular?

A. Yes, this would be made available on the website that is being developed to house the new plan. Also, Darren was planning a briefing for all councillors where this information would be made available.

Q. Regarding the research on 'hard to reach' groups it was pointed out that they are not in fact 'hard to reach' but that organisations need to make an effort to engage with these groups in a way that suits them best.

A. This fact had already been noted and the piece of research we are planning is now referred to as 'seldom listened to groups'.

Q. Is there a difference between the east and west of the borough?

A. Yes, social capital is generally lower in the east and there is a link between lower social capital, deprivation and poorer outcomes in the east. However, it was important to note that this was not a blanket rule and there were parts of the east of the borough where there was strong social capital and strong ties amongst and between communities.

Q. How many surveys were undertaken and can we track the results going forward.

A. There were 1000 residents surveyed and 1300 as part of a separate survey of children and young people. We intend to track the data and plan to repeat this exercise.

Q. How much further can the Fire Brigade go with joint working with the London Ambulance Service?

Recent pilot with officers from the Fire Services out on call with LAS staff has been really positive. There are lots of opportunities to improve joint working and also to create community infrastructure e.g. Mitcham Fire Service has a community room which is free to voluntary sector groups.

5. CRIME UPDATE – INSPECTOR ROBERT WHITEHEAD, METROPOLITAN POLICE SERVICE (Agenda item 5)

Inspector Whitehead had circulated a report on crime levels in the borough and invited questions from the JCC

Q. Are burglaries in West Barnes a priority?

A. Tackling burglary is a priority across the borough. Whilst there had been an increase over the rolling year of 18.9% the definition of burglary did not just include theft from houses but also communal areas e.g. of flats. Confirmed that the so-called 'Wimbledon Prowler' had been arrested and charged. He had been responsible for a significant number of burglaries. Main worry now was that the public might become less vigilant as a result of this arrest.

Q. What are the police doing about the increase in Islamophobic Hate Crime?

A. Tackling hate crime is one of the Met's key priorities. Working closely with Mosques, religious groups in general and the IAG. Inspector Whitehead offered to visit any organisations suggested by the JCC.

Q. What are the police doing about the worrying increase in knife crime, particularly around prevention?

A. Section 60 powers for stop and search was having a big impact in terms of deterring people from carrying weapons. Police were working closely with schools, youth groups, RSL and council staff.

Q. Isn't distrust of the police by young people impacting on this issue and was there a risk that stop and search could worsen this? Can young people be involved in the training of officers on stop and search?

A. Happy in principle to look at this. Also, if any members of the JCC were interested in becoming members of the Stop and Search panel please let Inspector Whitehead know.

Q. It appears sometimes that there is an over-response to incidents, why is this?

A. Constantly looking at the number of officers on response and will try to ensure it matches the needs at the time. However, to note that having enough officers on the scene was safer for both the police and anyone they needed to restrain.

Q. What support is on offer to family and friends of young people under investigation?

A. This is a highly complex issue and it can be the case that parents are unaware of have difficulty acknowledging their child's involvement in criminal matters.

Inspector Whitehead also had a number of announcements to share with the JCC:

- Wimbledon Police Station still open 24/7. Also looking at the option to move officers from Wandsworth to Wimbledon. Longer term there was still a question.
- Nearly a full complement of officers in the borough. Two PCs and Two PCSO in every ward. Just one vacancy currently.
- Car crash last week and the IOPC investigating. Police cannot comment but to note that the person who reported on the incident was not actually at the scene. The full facts will emerge once the IOPC has completed its investigation.

6. REVIEW OF THE WORK OF BLACK, ASIAN AND MINORITY ETHNIC (BAME) VOICE – REVEREND HANNAH NEALE AND EDWARDY ABU MALIKI (Agenda item 6)

A presentation setting out the work of BAME Voice to support BAME groups in the borough and represent their interests, particularly to statutory sector bodies and to raise awareness of their work. Things are getting better and BAME Voice forms an important bridge between BAME groups and other organisations. However, there is still a problem with organisations who want the access and contacts that BAME Voice has but who are not willing to provide funding even though they would not be able to access these organisations without the help of BAME Voice. There is a wider issue that small groups often have the access on the ground but that larger organisations do not recognise and fund accordingly. However, the situation is gradually improving with the support of key individuals such as Cllr Edith Macauley.

Heavily involved in the Windrush Celebrations and the chance to tell the story of the Windrush generation.

Q. Cllr Hina Bokhari commended the hard work of BAME Voice that was an inspiration.

A. Still a long way to go and main concerns at the moment are resources and finding premises.

Q. Where next for BAME Voice

Larger organisations are beginning to recognise the value of the work of BAME Voice but it is also important for BAME people to attend events and put themselves forward to help but there signs of progress.

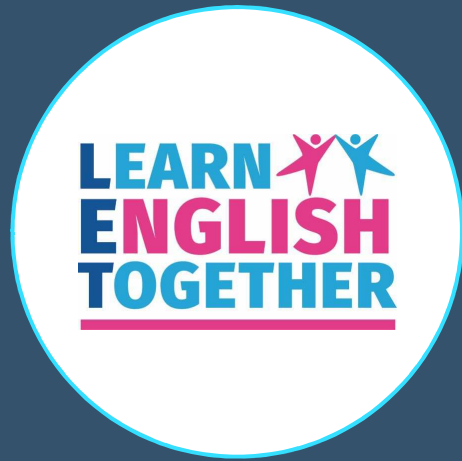
Q. Can we do more to involve BAME young people.

A. Yes, something BAME Voice will look at.

7. ANY OTHER BUSINESS (Agenda item 7)

None

Meeting closed at 9:30pm



Introduction to Learn English Together

10th September 2019

Learn English Together..

- A new centralised ESOL advice, assessment and referral service for Merton
- Partnership between Merton Council and Merton Home Tutoring Service funded by MHCLG
- Run in collaboration with the community to support all levels of learners
- Providing insight and support for learners and providers



Merton ESOL provision

- Conducted a review of ESOL adult provision in Merton from April to June 2019
- Meetings with all ESOL providers plus referrers and voluntary support organisations
- Who, what, why, when, where?
- Plus key issues and challenges
- Outcomes informed LET service development



Merton ESOL Audit Findings

- 13 ESOL providers identified
- Formal and informal classes
- All range of levels available from beginner to Level 3
- Many classes are free, subject to eligibility
- Variety of locations and times, although most are during the day
- Some specifically target hard-to-reach women
- Audit does not include private ESOL provision

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ESOL Formal provision

Provider	Courses	Location	No of places per year
South Thames College Group	Award in ESOL Skills for Life Entry levels 1 to 3 Levels 1 and 2 Reading, Writing, Speaking & Listening ESOL Functional Skills ICT Individual Learning Plans	Merton College	300
Need2Learn	BKSB online course Entry levels 1 to 3	Vestry Hall	50
MICompute	Edexcel Entry levels 1 to 3 Reading, Writing, Speaking & Listening	Merton Library	60

ESOL Informal Provision

Provider	Courses	Location(s)	No. of places
Afghanistan and Central Asian Association	2 ESOL classes for integration courses (women only)	New Horizon Centre, Mitcham	30
Colliers Wood Library	2 English conversation classes - beginners and advanced	Colliers Wood Library	20
Morden Library	English conversation class	Morden Library	20
Wimbledon Library	English for beginners/advanced	Wimbledon Library	30
Faith in Action	Community class for low levels of English	Salvation Army	15
Polish Family Association	English community classes levels 1 to 3	New Horizons Centre, Benedict Primary School, Colliers Wood CC	50

ESOL Informal Provision

Provider	Courses	Location(s)	No. of places
Merton Home Tutoring Service	8 community classes Entry level 1 to 3 Level 1 (Creche available)	St Mark's Community Centre Baptist Church, Morden	80
Merton Home Tutoring Service	1:1 home tutoring for low levels of English	Various locations across Merton	40
Merton Children's Centres	Stepping Stones community classes for mothers and babies	Acacia Children's Centre Church Road Children's Centre plus 2 more (locations tbc)	40
Merton Primary Schools	ESOL class for parents with low levels of English	Priory School Stanford Primary School	40
St Marks Academy	Community class for local parents	St Marks Academy	20

Key Findings

- Approximately 795 places available:
 - 410 formal places
 - 385 informal places
- Some providers have full classes and waiting lists
- All but Merton College classes take place in community centres, churches, schools and libraries
- Informal providers also offer one to one support, conversation classes, women only, creche facilities as well as cultural/enrichment activities



Key Findings

- Referrals made by word of mouth, GPs, health visitors, children's centres, schools, community partners and the Job Centre
- Common theme is the difficulty in accessing ESOL course information, particularly for Merton College
- Lack of ESOL partnership working across Merton with little signposting
- All reflected that there is insufficient information about ESOL provision available in the area



Key Findings – Next Steps

- Audit highlighted the need for a coordinated approach
- An easily accessible service based in the community
- Service that meets the needs of all different levels of English learners
- Service that works in partnership with all EOSL providers



Learn English Together

- Learn English Together service launched on 12th August
- Dedicated outreach ESOL assessor based in the community

Free advice and assessment sessions every week :

- St Marks Community Centre, 28 St Marks Road
- Wimbledon Library
- Colliers Wood Library
- www.let.org.uk.
- Free advice line
- Email contact: advice@let.org.uk



Learn English Together

- Learners registered and assessed in community locations
- Weekly referrals to ESOL providers matching learners appropriate English classes
- Regular updates from providers re: class availability
- Service identifies current English requirements across Merton and provides insight for additional provision if necessary



Communication overview

- Learn English Together will be promoted across Merton via leaflets and posters
- Community noticeboards, libraries, GP surgeries, health centres, children's centres, churches, schools, Job Centre
- Web links with Merton Council, Merton Information Directories and ESOL providers
- Presentations to local communities, e.g. EWF, Interfaith group, ELA schools meetings



Current status..

- After three weeks...
 - 19 community assessments
 - 15 calls/texts to phone advice line
 - 13 learners already placed with the remainder in progress
- Any questions?



Agenda Item 5

Joint Consultative Committee with Ethnic Minorities (JCC) 10th September 2019

Merton Dementia Action Alliance (MDAA)

What is the alliance?

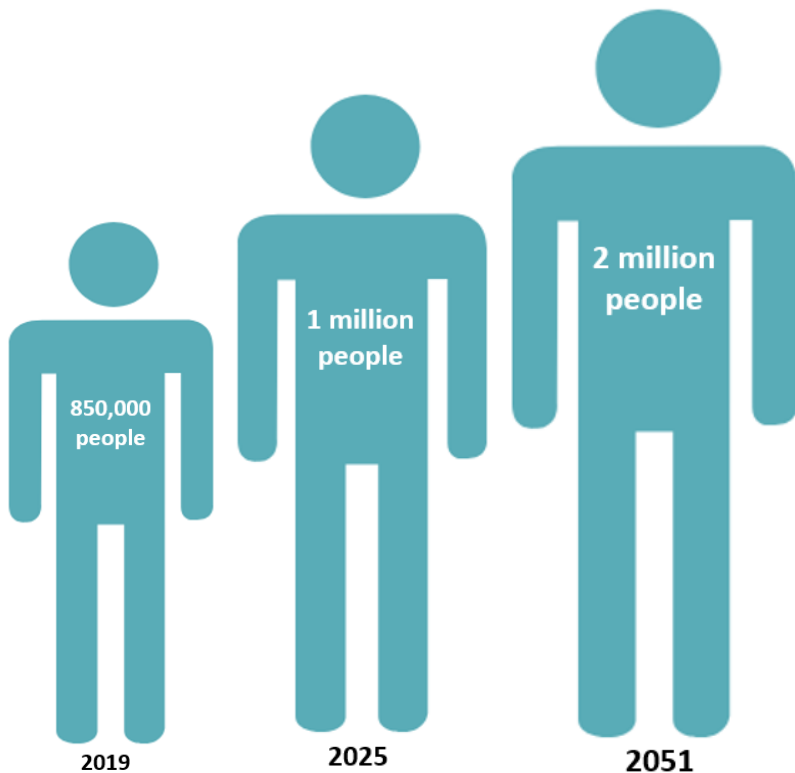
Merton's Dementia Action Alliance (DAA) is a collection of local organisations all committing to taking action on dementia.

Aim

We aim to make Merton a Dementia-Friendly Community (DFC). We want people with dementia and their carers to be able to live as independently as possible, for as long as possible. It is vitally important that we all take action. We are 1 of 354 Local Dementia Action Alliances (LDAAs) across the country.

A Dementia-Friendly Community is a city, town or village where people with dementia are understood, respected and supported. In a DFC, people will be aware of and understand dementia, so that people with dementia can continue to live in the way they want to and in the community they choose.

Why is it important?



What is dementia?

The umbrella term describes a set of symptoms that may include memory loss and difficulties with thinking, problem-solving or language. These changes are often small to start with, but for someone with dementia they can become severe enough to affect daily life. A person with dementia may also experience changes in their mood or behaviour. Although dementia is more common amongst people over the age of 65, younger people can get dementia too. Alzheimer's Society

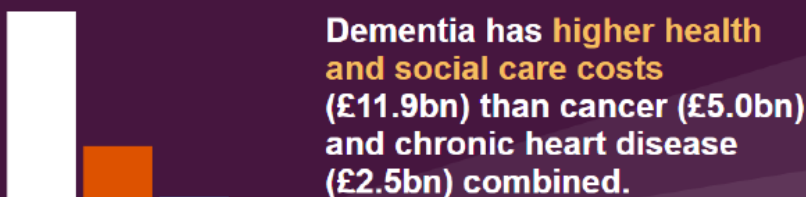
In the UK, one person develops dementia every three minutes. In 2020, there will be an estimated 1,872 people with dementia in Merton. This will increase to 2,050 in 2025.

The 2015 Dementia Health Needs Assessment estimated there were 332 Black, Asian and Minority Ethnic (BAME) residents with dementia in Merton.

People from BAME communities have greater prevalence of dementia. Key health issues include higher rates of diabetes, hypertension and cardiovascular disease which are risk factors for dementia.

People from a BAME background are also less likely to receive a diagnosis of dementia. This may be due to poorer access to services, lack of awareness on dementia and stigma around dementia.

Two thirds of people with dementia live in the community, of which nearly a third live on their own.



Dementia has **higher health and social care costs (£11.9bn)** than cancer (£5.0bn) and chronic heart disease (£2.5bn) combined.

£26bn

The current cost of dementia in the UK.

Alzheimer's Research UK



Dementia is our biggest fear say Britain's over-55s

The fear of developing dementia in their old age is the biggest concern of millions of Britons aged 55 and over, according to a new report.

They are supposed to be the golden years of life, but for many Britons the prospect of ageing is being overshadowed by growing fears regarding what their old age may actually look like.

The latest research from consumer analysts Mintel reveals that the fear of developing dementia is the number one age-related concern for the over 55s. More than half - 56% - of UK consumers aged 55+ say that one of their key concerns for growing older is developing dementia, peaking at 59% of those aged 65-74.

Daily Express, Wed, Aug 16, 2017

What's next for the MDAA in 2019/20?

- Start conversations and continue to engage Merton's BAME Communities in dementia discussions
- A focus on carers - ensuring the voice of carers of people with dementia are heard in developing a joint carers strategy.
- A focus on intergenerational projects across the borough

How can you access community dementia services?

Merton Dementia Hub is a community-based service for people with dementia, their families and carers. It provides a calming environment specifically designed around people with dementia. People using the Dementia Hub can access different health and social care professionals as well as support, advice and information all under one roof.

Merton Dementia Hub
67 Whitford Gardens, Mitcham CR4 4AA
Monday to Friday, 9.00am - 6.00pm
Telephone: 020 8687 0922
Email: merton@alzheimers.org.uk

Merton Dementia Hub provides the following services:

Services available at the Dementia Hub

- Memory clinic
- Carers' information and support programme (CrISP)
- Support groups for individuals post diagnosis
- Support groups for people with dementia
- Support groups for carers - daytime and evenings
- Therapeutic services (e.g. massage, podiatry and dentistry)
- Weekly Hub Cafés on Tuesday mornings and afternoons
- South Asian Community Café – venues to be confirmed

Services elsewhere organised by the Hub

- Dementia adviser service
- Dementia support workers
Information services
- Blue Sky Café in Raynes Park – first Saturday of every month
- Rainbow Café in Colliers Wood – fourth Friday of every month
- Sunshine Café in Pollards Hill – second Friday of every month
- Singing for the Brain (Raynes Park)
- Newsletter - email and print



What can you do?

- Join the Dementia Action Alliance by emailing merton@alzheimers.org.uk
- Sign up to a Dementia Friends Information Session near you: <https://www.dementiafriends.org.uk/WEBSession#.XWeO9uhKh1s>
- Join our Intergenerational Task and Finish Group
- Come along to our next DAA meeting at 9.30am on Wednesday 27th November.
- Promote the Alliance to your colleagues and networks

Dementia Friends

Dementia Friends (DFs) is the biggest ever initiative to change people's perceptions of dementia. It aims to give people a better understanding of dementia and the small things we can all do to make a difference to the lives of people affected by dementia. Dementia Friends is led by Alzheimer's Society and is one strand of its work to create Dementia Friendly Communities.

What is an Information Session?

A Dementia Friends Information Session is a fun, interactive way to learn a little about dementia and how it can affect people's lives. Led by a volunteer Dementia Friends Champion, the Session lasts 45-60 minutes and covers five key messages that everyone should know about dementia, through activities and discussion.

To find out more about becoming a DF, click [here](#).



Mental Health Training

Mental Health (MH)

“Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. It is important at every stage of life, from childhood and adolescence through adulthood” Mental Health Foundation.

Why is it important?

Different ethnic groups have different rates and experiences of mental health problems, reflecting their different cultural and socio-economic contexts and access to services.

In many ways, mental health is just like physical health: everybody has it and we need to take care of it” Mind.

In general, people from black and minority ethnic groups living in the UK are:

- more likely to be diagnosed with mental health problems
- more likely to be diagnosed and admitted to hospital
- more likely to experience a poor outcome from treatment
- more likely to disengage from mainstream mental health services, leading to social exclusion and a deterioration in their mental health.

These differences may be explained by a number of factors, including poverty and racism. They may also be because mainstream mental health services often fail to understand or provide services that are acceptable and accessible to non-white British communities and meet their particular cultural and other needs.

Among the general population, 20.6% of people have had suicidal thoughts at some time, 6.7% have attempted suicide and 7.3% have engaged in self-harm. In 2017, there were 5,487 suicides in Great Britain (GB). This means more than 15 people *a day* took their life. It is estimated that 10-25 times that number *attempted* suicide. For comparison, in the same year in GB, 1,770 people died in road traffic accidents.

More females attempt suicide than males but more men die by suicide (75% male and 25% female) and suicide is the most common cause of death for those aged 10-34.

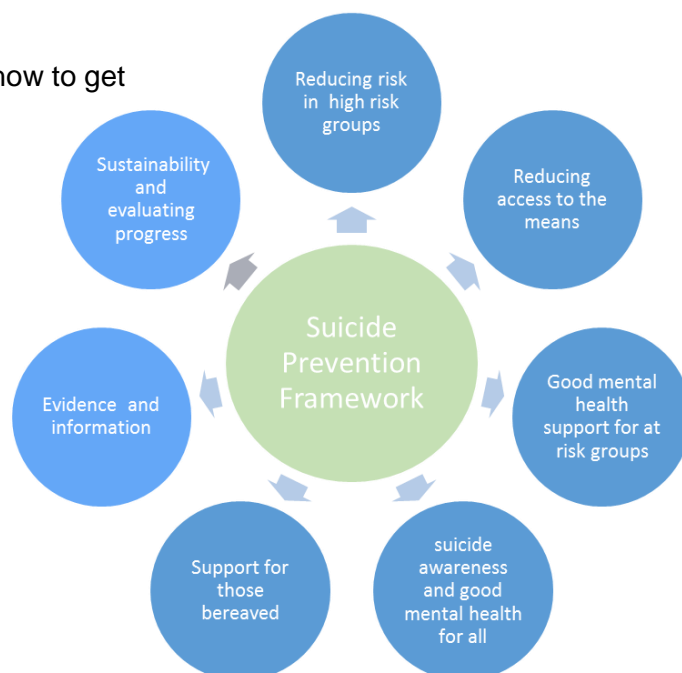
Breaking down the stigma by talking about mental health has never been more important.

Our vision

- A borough where residents know where and how to get help when they need it
- Those supporting people at greater risk of suicide are well trained
- Where our communities encourage people to talk about good mental health
- A zero suicide city where no suicide is inevitable

What is Public Health doing?

- Workplace health
- Suicide Prevention Framework
- MH training





Who should attend?

Frontline staff who substantially work with ‘at risk’ and vulnerable groups (these are groups who experience poor mental health and/or are at great risk of suicide) and include:

- young people aged 15-25,
- vulnerable young people including care leavers, young people known to mental health services, youth offending or are looked after children.
- people with mental health issues
- people with substance misuse issues, rough sleepers and people with chaotic lives
- middle aged men on low incomes
- those with money/debt issues

Programme information

Course information can be found in the attached document.

Cost

Training is free to attend and has been commissioned by Merton’s Public Health Team.

Register now!

Limited spaces are available for these training sessions and are granted on a first come, first serve basis. Manager’s approval will be required prior to booking the course as time away from usual duties is required.

If you or your colleagues wish to book on to a course, please contact Rosa on Public.Health@merton.gov.uk with **names, email addresses, manager’s email and course date** as soon as possible.

Dates

Date	Course	Venue
18 th September	SE (am)	Collier’s Wood Library
1 st October	SE (pm)	Wimbledon Library
14 th October	SE (pm)	Wimbledon Library
15 th October	1 Day Champion	Mitcham Library
30 th & 31 st October	2 Day MHFA	Mitcham Library
4 th & 5 th November	2 Day MHFA	The Wilson Hospital
6 th November	SE (am)	The Wilson Hospital
21 st November	SE (pm)	Merton Civic Centre
22 nd November	1 Day Champion	Merton Civic Centre
3 rd & 4 th December	2 Day MHFA	The Wilson Hospital
5 th December	SE (am)	The Wilson Hospital
13 th January	1 Day Champion	TBC
14 th & 15 th January	Youth MHFA	TBC



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Tackling Diabetes in Merton.

Joint Consultative Committee.
10th September 2019.

Barry Causer, Head of Strategic Commissioning (Public Health).

Diabetes Whole System Approach.

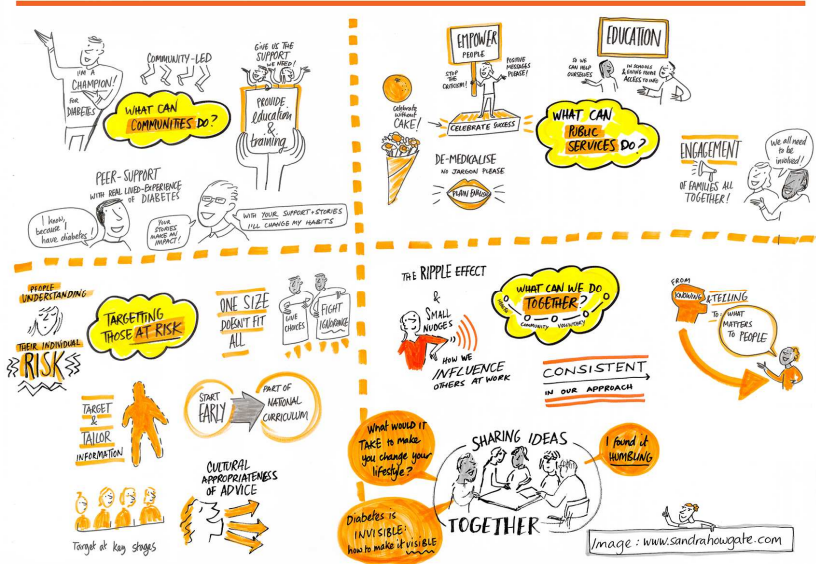
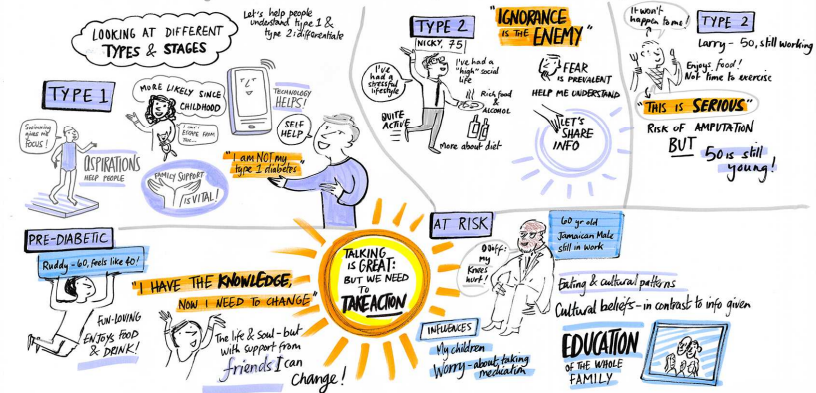
- Diabetes is a ‘complex’ problem.
- The Health and Wellbeing Board agreed to develop a Whole System Approach.
- Tackling diabetes action plan and refreshed child healthy weight strategy endorsed in March 2019.
- Informed by Diabetes Truth programme.
- Three themes in the plan (Clinical oversight and service improvement, Holistic Individual Care & Healthy Place).

Diabetes Truth.

- Bring to life the challenges that residents face on a day to day basis and what understand what matters to residents.
- Buddied up HWB members with residents with lived experience (at risk of, living with or caring for someone) of diabetes.
- Delved deeper with around 40 residents and stakeholders.
- Reinforced commitment to working with residents and communities as an integral part of the solution.

Merton Diabetes Truth Programme

Community and Services listening and learning together



Tackling Diabetes Action Plan.

- 15 high level actions, its not everything that contributes to tackling diabetes!
- 1 – Clinical Oversight and service improvement
 - Keep services and pathways under review & use patients views to identify and secure improvements.
 - Increase access to and uptake of structured education programmes and deliver culturally specific programmes.
- 2 – Holistic Individual care
 - Develop a network of ‘connectors’ to enable the community as a whole to take action to prevent diabetes.
 - Increase resilience by ensuring that diabetes services are linked to mental health services.
- 3 – Healthy Place
 - Work in key settings to ensure that they support healthy lifestyles .e.g. healthy workplaces.
 - Increase and promote opportunities to be physically active.

Questions.

- How can we continue to understand what matters to local residents and opportunities to secure improvements?
- How can we work with you to develop the network of connectors and community diabetes champions?
- How can we increase uptake of evidence based programmes e.g. the National Diabetes Prevention Programme?

Barry.Causer@merton.gov.uk

020 8545 4833